



# Jaipur National University

## Institute for Medical Sciences and Research Centre

Jagatpura, Jaipur – 302017  
Website: [www.jnuhealthcare.com](http://www.jnuhealthcare.com)



## DEPARTMENT OF GENERAL MEDICINE, JNUIMSRC

*Organises*

# DIABETES CONCLAVE

**Date: 15<sup>th</sup> July 2023, Saturday**

**Time: 9:00 am to 5:30 pm**

**Venue: Auditorium, 5th Floor, JNU Hospital, Jaipur**



**CME credit hours:** All medical professionals (MBBS and above) will be granted 02 CME credit hours from Rajasthan Medical Council.

## **ORGANIZING COMMITTEE**

### **Chief Patron**

Dr Sandeep Bakshi  
Chancellor  
JNU

### **Co Patrons**

Lt. Gen. (Dr) B.K. Chopra,  
Principal & Controller,  
JNUIMSRC

Brig. (Dr) S.B. Mahajan,  
Medical Superintendent,  
JNUIMSRC

### **Scientific Advisor**

Dr Sarman Singh  
Director Academics  
JNUIMSRC

### **Organizing Chairperson**

Dr. Shiv Shankar  
Professor & Head,  
Department of Medicine  
JNUIMSRC

### **Organizing Secretaries**

Dr. Madhumati Varma  
Associate Professor  
Department of Medicine  
JNUIMSRC

Dr. Ankit Anand  
Assistant Professor  
Department of Medicine  
JNUIMSRC

### **Scientific Committee**

Dr. Mahesh Thourani,  
Associate Professor  
Dr. Yashaswi Pathak, Consultant,  
Endocrinology  
Dr. Rahul Siwach, 2nd year PG

### **Registration Committee**

Dr. Pradeep Kumar, Assistant Professor  
Dr. Aalind Jain, Senior Resident  
Dr. Mounika, 1st Year PG student

### **Finance Committee**

Dr. Rohit Sharma  
Assistant Professor  
Dr Madhav Kumar Chawla,  
1st year PG student

### **Catering committee**

Dr. Narendra Meena, Assistant  
Professor  
Dr. Samarth Mehta, 1st year PG

### **Reception committee**

Dr. Gul Ayat, Assistant Professor  
Dr. Himanshu Agarwal, SR  
Dr. Sunil Yadav, 2nd year PG student  
Dr. Karanvir Singh, 1st year PG student

### **Anchor & Scientific co- ordinator**

Dr. Yuvika Kataria  
1st year PG Student

# INTRODCUTION TO THE CONCLAVE

## Introduction

India is facing a galloping diabetes epidemic. As per a recent ICMR study, prevalence of diabetes mellitus in India has been estimated to be 101 million in 2021; up from 70 million in 2019. This unprecedented burden of diabetes calls for energetic and collective response in terms of medical care, health education and public policy. Previously, communicable diseases were more common in India and poor and developing countries of Asia and Africa. But now as the lifestyle has changed and countries of Asia and Africa have become more prosperous, the metabolic syndrome or syndrome X which in these includes diabetes, IHD, Hypertension and central obesity has appeared like a bolt from the blue in India and these countries. By the year 2025, this metabolic syndrome will strike like a pandemic in Asia and Africa and the number of cases of metabolic syndrome including diabetes will be much more than Europe and America. As per an estimate, there are currently only around 1000 endocrinologists across India. Surely, this mismatch needs to be fixed by training more medical professionals. This is why there is urgent need for research in diabetes and metabolic syndrome and develop new methods for prevention and treatment.

## Learning Objectives:

- Basic understanding of Diabetes and its management with emphasis on certain common pitfalls in clinical practice

## Who can attend?

Practicing clinicians, Faculty members, Senior Residents, Postgraduates and Undergraduates from Medical Institutes



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## MINUTE TO MINUTE SCHEDULE

Time	Topic	Speaker	Chairpersons
8:30 am – 9:00 am	BREAKFAST & REGISTRATION		
<b>Session 1: 9:00 am to 11:00 am</b>			
9:00 am – 9.10 am	Welcome Address	Dr Shiv Shankar, Professor & Head Medicine, JNUIMSRC	
9:10am – 9:20 am	Introduction to the scientific session	Dr Yashaswi Pathak, Consultant, Endocrinologist, JNUIMSRC	
9: 20 am to 9:25 am	Introduction of the speakers and chairpersons	Dr. Yuvika Kataria	
9:30 am – 10:15am	Intermittent Fasting	Dr Shiv Shankar, Professor & Head Medicine, JNUIMSRC	Maj. Gen. Dr. A.D Mathur, Sr Consultant, Rajasthan Hospital
10:15am-11:00 am	Changing faces of diabetes & its management	Dr. S.K Sharma, Professor & Head, Endocrinology, MGMCH, Jaipur	Dr. Balram Sharma, Professor Endocrinology, SMS Hospital, Jaipur
11am – 11:30 am	<b>Inaugural ceremony</b>		
	Inviting dignitaries on dais	Dr. Prerna Upadhyaya	
	Lighting of the lamp		
	Floral welcome		
	Welcome Address	Dr Shiv Shankar	
	Felicitation of Guests & Photograph	By Dignitaries	
	Address by Hon'ble Chancellor, JNU	Dr Sandeep Bakshi	
	Vote of thanks	Dr Mahesh Thourani	
11:30 am – 12:15 pm	Keynote address on Diabetes	Dr Sudhir Bhandari Vice Chancellor, RUHS	
12:20 pm to 1:00 pm	LUNCH		
<b>Session 2: 1:00 pm to 3:30 pm</b>			
1:00 pm to 1:45 pm	Diabetes: A Playground for Infections- Current concepts	Dr Sudhir Mehta Sr Professor & Unit Head Internal Medicine SMS Hospital, Jaipur	
1:45 pm to 2:00 pm	Introduction of the speakers and chairpersons	Dr. Yuvika Kataria	
2.00 pm to 2.45 pm	Role of diet in management of diabetes & obesity	Dr. Sailesh Lodha, Consultant Endocrinologist, EHCC, Jaipur	Dr. Renu Saigal Sr Consultant, Internal Medicine
2.45 pm – 3.30 pm	GLP-1 agonist : Changing Landscape Of Diabetes Management	Dr. Puneet Rijhwani, Professor & HOD, Medicine, MGMH, Jaipur	Dr. GN Saxena, Vice Chancellor, MGUMST, Jaipur
<b>Session 3: 3:30 pm to 5:30 pm</b>			
3:30 pm – 3:45 pm	Introduction of the speakers and chairpersons	Dr. Yuvika Kataria	
3:45 pm – 4:15 pm	Prevention of diabetes & complications of Diabetes	Dr. Mahesh Thourani, Asso. Professor, JNUIMSRC, Jaipur	Dr. Shiv Shankar, Professor & HOD, Medicine, JNUIMSRC
4:15 pm – 5:00 pm	DKA- a case based discussion	Dr. Ajay Shah, Consultant Endocrinologist, SDMH	Dr. Sandeep Kumar Mathur, Professor & HOD, Endocrinology, SMS Medical College, Jaipur.
5:00 pm – 5:10 pm	Vote of Thanks	Dr. Ankit Anand, Asst. Professor Medicine, JNUIMSRC, Jaipur	
5:10 pm – 5:30 pm	Valedictory session		
5:30 pm onwards	Tea		

**REGISTRATION**  
(Registration is Mandatory)

**Registration Link-** <https://forms.gle/WuWrUjVT15PZWT8M6>

**Registration Fees- Rs 500/- only**

**Payment details**

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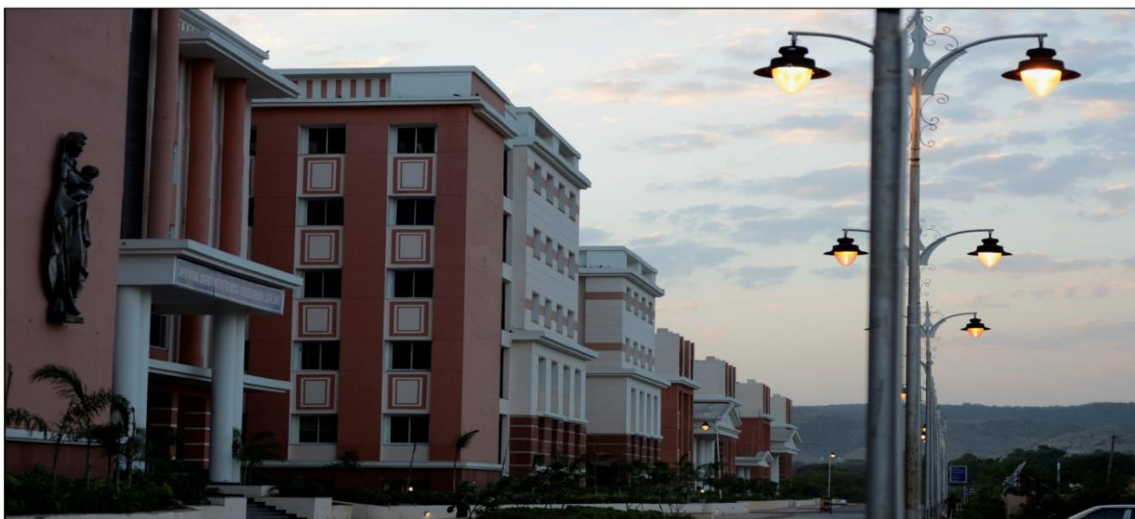
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**CONTACT DETAILS**

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